



A PERSONAL NOTE FROM DR.AMY

Please note that if you have trouble reading my handwritten results you receive when you run tests through www.HolisticHeal.com, calling our customer support to have one of our lovely staff members clarify the writing is always an option. By the end of the week, having put in 12-14 hour days & written with a cartridge pen on tests for 6 to 7 days of the week, my handwriting can certainly get a bit messy to read. Some have suggested that I shift to typing my comments, however I am not comfortable with that choice. Physically having the tactile feeling of holding your tests, looking at your data, your file, your DNA results, & your biochemical tests all bring me closer to you & the ability to focus on you as an individual.

In addition to this note, I would like to remind you all that your health is my first priority. Choices I make in terms of supplements are based on their impact on test results & this is a unique approach that is not taken by others who are solely looking to sell supplements. I see supplements as a much needed tool for health, not as a commodity. I see the whole person, not just a test file. I see your health history & future health goals. I truly feel passionate about supporting your health goals for both yourself & your loved ones. When I talk about supplements please understand I am not making claims, nor stating that any supplement or herb will cure a given health condition. My concern about supplement source is related to the fact that I find it a true privilege to be a part of so many lives & to be given the opportunity to help others. I receive emails & test results from individuals daily who are following The Yasko Protocol where their lives are being changed in a really amazing way. Those who follow my protocol as designed & use the correct products really do see wonderful results. When I see such progress, it is due in part to supplements being added as indicated by the suggestions I include based on test results, & when tests were done on a regular basis. This is what I want to see for each & every one of you, this is why I do what I do each day. I hope that you understand my focus on supplement source & quality comes from a place of caring. I always want to see positive progress on your follow up tests, I want to hear stories of success from each & every one of you, & I want all of you to be able to achieve the health you are looking for. Please see my *Feel Good Supplements Guidebook* (everyone should receive one free copy automatically when they order from www.HolisticHeal.com) to learn more about the importance of this topic.

With love and hope for health always,



Dr. Amy