

Dr. Amy's Health Supports

These supports are for your consideration. As always, consult with your health care professional.

FOR MORE INFORMATION ON EACH SUPPLEMENT PLEASE VISIT

www.FEELGOODSUPPS.com



BASIC NUTRITIONAL GROUNDWORK

Starting Dozen (Step One Support)
Basic Methylation Support (Step Two Support)
Full Methylation Support (Step Two Support)
Support for B12 Transport



METHYLATION SUPPORT

Basic Methylation Support (Step Two Support)
Full Methylation Support (Step Two Support)
Support for B12 Transport



GLUTAMATE/GABA BALANCE SUPPORT

Glutamate/GABA Balance Support



ION TRANSPORT SUPPORT

Ion Transport Support (Especially for Autism)
Stims Support
Apraxia Support



INFLAMMATORY MEDIATOR SUPPORT

Inflammatory Mediators Support



UAA SUPPORT

Support Based on UAA Test results



KREBS ENERGY CYCLE SUPPORT

Krebs Energy Cycle Support for OAT /MAP results



NEUROTRANSMITTER SUPPORT

High NE and Attention Support
Compulsive Behavior Support
High 5-HIAA or Low Serotonin Support
Low Dopamine Support



GUT TEST SUPPORT

Gastrointestinal (GI) Tract Support
Streptococcal Immune Support / PANDAs
H.Pylori Support
MAST Cell and Mycoplasma Support



MINERAL SUPPORT

Essential Minerals Support
Support for Toxic Mineral Excretion
Energy for Essential Mineral Transport
Support to offset Detox reactions from Toxic Mineral Excretion



ORGAN SUPPORT

Immune System/Thymus/Spleen Support
Pancreatic Support
Glucose/Diabetes Support
Bladder Support
Membrane Fluidity Support
Liver Support
Kidney Support
Leaky Gut and/or XMRV Support



DETOX SUPPORT

Viral Immune Support
Metal Detox Support
Support for Kidney during Detox
Support for Liver during Detox



STEP 3 REMYELINATION SUPPORT

Left Right Communication / Language /
BDNF Support / Remyelination Support



SNP SUPPORT

ACAT - through - VDR/Fok



FEMALE SUPPORT

Adult Female Support
Estrogen/Progesterone Support
Pregnancy Health Support
Yeast Support
Menstrual Support
Menopause/Pre-menopause Support
Hot Flashes Support
Breast Health Support
Cervical Health Support
Uncontrolled Breast Growth Support
Uncontrolled Cervical Growth Support



MALE SUPPORT

Adult Male Support
Older Male Support
Uncontrolled Prostate Growth Support



STRESS SUPPORT

Stress Support
Severe Headache/Migraine Support



BONE & JOINT SUPPORT

Healthy Bone Support
Gout Support
Arthritis/Joint Support
Muscle Fatigue/CFS Support



ENERGY & FITNESS SUPPORT

Mitochondrial Energy Support
Fitness Support
Weight Loss Support
Heart Health Support
Healthy Normal Cholesterol Support



DIGESTION SUPPORT

Constipation Support
Hemorrhoids Support
Acid Relief Support
Anemia Support



LONGEVITY SUPPORT

Adult Memory Support
Longevity/Anti-Aging Support
Uncontrolled/Excessive Cellular Growth Support
Eye Health Support
Hair Support



IMMUNE SUPPORT

Cold/Flu Support
Seasonal Affect Support
Virus & Cold Sore Support
Lyme/Tick Support
Allergy Support
Asthma Support
Mono Support



SKIN SUPPORT

Skin Support
Rosacea Support
Acne Support
Psoriasis Support
Shingles Support
Topical Support



CHEWABLE/LIQUID/TOPICAL SUPPORT